



Aligning your transferable skills

My name is Abi and I am passionate about the OH sector and want to encourage nurses to join the sector.

If you're looking to move your nursing career into Occupational Health and want your CV to best showcase transferable skills, use this to cross-reference how you present your skills and experience.

On the left are common OH job responsibilities, and on the right how an A&E or Practice Nurse's experience aligns. This approach can be applied to other nursing roles too.

Check out our website for more hints and tips.

OH Nurse Skills and Experience Comparison Chart

OH Nurse	A&E Nurse	Practice Nurse
1 Health Surveillance	Used to performing clinical observations and specialist monitoring (e.g., ECGs, neurological obs, peak flow). Skilled at following clinical protocols under pressure.	Experience with chronic disease monitoring (asthma, COPD, diabetes), spirometry, vaccination programmes, and routine health checks.
2 Immunisations & Vaccinations	Strong experience with emergency vaccination (e.g., tetanus), post-exposure prophylaxis, and outbreak management.	Extensive experience running vaccination clinics (childhood, travel, flu, COVID) and maintaining vaccination records.
3 Case Management	Experienced in assessing needs quickly, prioritising interventions, and managing patient journeys from admission to follow-up care.	Coordinating care for long-term conditions, monitoring patient progress, and ensuring timely referrals with the wider healthcare team.
4 Risk Assessment & Workplace Hazards	Familiarity with infection control, sharps injury management, and handling hazardous substances in emergency settings.	Experience in infection control in community/practice settings, sharps safety, cold chain monitoring, and safe clinical environments.
5 Health Promotion & Wellbeing	Used to providing health advice in crisis situations (alcohol, drugs, mental health first aid). Skilled at rapid patient education.	Strong background in preventative health, lifestyle advice, and structured health promotion campaigns.



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